

Trek Awana Games Assignment Worksheet

1. Basketball Relay: 3 Heats (5 girls, 5 boys, 5 girls and 5 boys)

Center girl _____ Center boy _____ Center boy _____

2. Sprint Relay: 2 laps each

#1 B. _____ #2 G. _____

#3 B. _____ #4 G. _____

3. Three-legged Race

Heat #1 (girls) _____

Heat #2 (boys) _____

4. Four-Way Tug:

Heat # 1 (girls) _____

Heat #2 (boys) _____

5. Bean Bag Grab - 3 girls, 3 boys

#1 G. _____ #2 B. _____

#3 G. _____ #4 B. _____

#5 G. _____ #6 B. _____

6. Sprint Race: 3 laps

Girl _____ Boy _____

7. Marathon Race: 7 laps

Girl _____ Boy _____

8. Bean Bag Bonanza: 2 heats

End Girl: _____ End Boy: _____

9. Marathon Medley:

#1 B. _____ #2 G. _____

#3 B. _____ #4 G. _____

10. Balloon Relay: 2 heats

#1 G. _____ #1 B. _____

#2 G. _____ #2 B. _____

#3 G. _____ #3 B. _____

#4 G. _____ #4 B. _____

#5 G. _____ #5 B. _____